ACT Module 1

Cardiovascular and renal protection in diabetes

CPD QUESTIONNAIRE

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First Name		**Profession**	
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1. Of the global burden of diabetes, __% occurs in low- and middle-income countries?

- ☐ **A** 30%
- ☐ **B** 58%
- ☐ **C** 80%

2. The risk for cardiovascular events in those with T2DM is increased _____ as compared to those without T2DM.

- ☐ **A** Two-fold
- ☐ **B** Three-fold
- ☐ **C** Five-fold

3. Which statement is true? According to the Swedish National Diabetes Register, patients with T2DM:

- ☐ **A** Have an increased risk of all-cause, CVD and CHD mortality
- ☐ **B** Have an increased risk of acute MI, irrespective of age
- ☐ **C** Have increasing risk for acute MI in relation to the greater the number of uncontrolled risk factors
- ☐ **D** All of the above
- ☐ **E** A and C only

4. Once a person with diabetes has had an ACS they are four times as likely to die than if they did not have concomitant diabetes.

- ☐ **A** True
- ☐ **B** False

5. Which of the listed factors contribute to the pathophysiology of CVD in diabetes?

- ☐ **A** Oxidative stress
- ☐ **B** Inflammation
- ☐ **C** Insulin resistance
- ☐ **D** Obesity
- ☐ **E** All of the above
- ☐ **F** A and B only

6. Which statement most accurately describes ACC/AHA stage B of HF?

- ☐ **A** Structural heart disease but without symptoms of HF
- ☐ **B** Structural heart disease with prior or current HF
- ☐ **C** Refractory HF requiring specialised interventions

7. Which statement most accurately describes ACC/AHA stage C of HF?

- ☐ **A** Structural heart disease but without symptoms of HF
- ☐ **B** Structural heart disease with prior or current HF
- ☐ **C** Refractory HF requiring specialised interventions

8. In the SHORTWAVE study of T2DM patients, __% showed evidence of LV systolic or diastolic dysfunction without overt cardiac disease at five years after diagnosis?

- ☐ **A** 16%
- ☐ **B** 32%
- ☐ **C** 68%

9. Which is the more common HF phenotype in T2DM?

- ☐ **A** HFpEF
- ☐ **B** HFrEF

10. Rates of MI increase significantly with worsening UACR, as does the rate of HF hospitalisations.

- ☐ **A** True
- ☐ **B** False

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