ACT Module 3

Renal protection in type 2 diabetes

CPD QUESTIONNAIRE

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First Name		**Profession**	
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1. Which of the following diabetes complications has not shown a decline in incidence in recent decades?

- ☐ **A** Acute myocardial infarction
- ☐ **B** Stroke
- ☐ **C** Death from hyperglycaemic crisis
- ☐ **D** ESRD
- ☐ **E** Amputation
- ☐ **F** C and D

2. People with diabetes are ___ times more likely to be hospitalised for ESRD.

- ☐ **A** Three
- ☐ **B** Six
- ☐ **C** 12

3. Global data show that diabetes is the commonest cause of new ESRD, and that this trajectory seems to be on the rise.

- ☐ **A** True
- ☐ **B** False

4. Which statement is true?

- ☐ **A** As kidney disease develops and progresses in diabetes, there is a non-significant increase in hypoglycaemic episodes
- ☐ **B** Declining GFR is a significant risk factor for cardiovascular events, cardiovascular death and all-cause mortality
- ☐ **C** A and B

5. Among those ≥70-years-old with CKD stages 3-5, the incidence of hypoglycaemia is increased by more than __%.

- ☐ **A** 60%
- ☐ **B** 70%
- ☐ **C** 80%

6. Diabetes patients at very high risk of CKD and with the worst prognosis have:

- ☐ **A** Severely increased albuminuria
- ☐ **B** Are in the lowest GFR category
- ☐ **C** A and B

7. There is a prognostic implication when reduced GFR and albuminuria occur independently, but the outcome is significantly worse when they co-exist.

- ☐ **A** True
- ☐ **B** False

8. From NHANES III, all-cause mortality in those with diabetes compared to those without diabetes was:

- ☐ **A** 19.1% vs 8.6%
- ☐ **B** 29.1% vs 6.8%

9. From NHANES III, cardiovascular mortality for diabetes compared to those without diabetes was:

- ☐ **A** 19.1% vs 8.6%
- ☐ **B** 11.2% vs 4.0%

10. Which of the following systemic risk factors increase the risk of the cardiorenal syndrome of heart failure and renal insufficiency?

- ☐ **A** Diabetes
- ☐ **B** Obesity
- ☐ **C** Metabolic syndrome
- ☐ **D** Hypertension
- ☐ **E** All of the above
- ☐ **F** A, B and D

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