COVID-19 and Asthma

CPD QUESTIONNAIRE

EARN FREE CPD POINTS

Complete, scan and email to **cpd@denovomedica.com**. Alternatively, you can complete this questionnaire online at **www.denovomedica.com**. Fill in your details using **clear block letters** and mark the answers with a tick (✓).

I agree that my CPD-accredited certificate will be forwarded to my e-mail address. (Online) _____

(Signature of healthcare professional)

First Name		**Profession**	
Surname		**Telephone**	
HPC No.		**City**	
E-mail			

1. Does azithromycin lower resistance to COVID-19 infection?

- ☐ **A** Yes
- ☐ **B** No

2. What are the indications for antibiotics in phase 1 of COVID-19 infection?

- ☐ **A** Sore throat and cough
- ☐ **B** Sore throat, cough and fever
- ☐ **C** Antibiotics are not indicated in phase 1

3. What are the symptoms of the pneumonic phase 2 of COVID-19 infection?

- ☐ **A** Hypoxaemia
- ☐ **B** Shortness of breath
- ☐ **C** Both of the above
- ☐ **D** Hyperinflammatory response

4. Do patients with uncontrolled asthma have an increased risk of getting COVID-19 infection?

- ☐ **A** Yes, when poorly controlled and if experiencing frequent exacerbations
- ☐ **B** Yes, even when well controlled
- ☐ **C** No

5. During an acute exacerbation in an asthmatic patient with COVID-19 infection, which of the following actions are needed:

- ☐ **A** Increase corticosteroid dosing
- ☐ **B** Increase in beta-stimulants
- ☐ **C** Use a pressured metered dose inhaler and spacer to deliver adequate doses of β-stimulant
- ☐ **D** All of the above

6. Advice to asthmatic patients in the time of COVID-19, to protect themselves should include:

- ☐ **A** Regular use of their medication
- ☐ **B** Continue with their inhaled corticosteroid therapy
- ☐ **C** Check respiratory function from time-to-time using Peak flow meter
- ☐ **D** Take the normal precautions, stay at home, social distancing, wash hands regularly, avoid shared use of cups/utensils with other household members
- ☐ **E** Have a plan of management ready for the patient who has an acute asthmatic attack
- ☐ **F** All of the above

© 2020 deNovo Medica