FRAX in South Africa

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1. The WHO classifies severe osteoporosis as:

- ☐ **A** BMD >-2.5 SD below young adult mean
- ☐ **B** BMD value between -1 SD and -2.5 SD below young-adult mean
- ☐ **C** BMD value >-2.5 SD below young-adult mean and presence of fracture

2. Which of the listed parameters are indications for treatment of osteoporosis?

- ☐ **A** Presence of a fragility fracture
- ☐ **B** BMD T-score >-1.0
- ☐ **C** Risk assessment for individuals with low bone mass
- ☐ **D** All of the above
- ☐ **E** A and C only

3. Which statement is incorrect? The FRAX tool:

- ☐ **A** Is applicable to both treated and untreated patients
- ☐ **B** Does not accommodate all known risk factors
- ☐ **C** Lacks facility to accommodate extra detail on risk factors
- ☐ **D** All of the above
- ☐ **E** A and B only

4. The 10-year probability in South African women of developing a major osteoporotic fracture and hip fracture has been developed using ethnic- and gender-specific data arising from a recent research initiative.

- ☐ **A** True
- ☐ **B** False

5. In South Africa, the crude incidence rates for hip fractures per 100 000 people is highest in which population?

- ☐ **A** Black African
- ☐ **B** White
- ☐ **C** Coloured
- ☐ **D** Indian

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