

## Tips for your CPD entry to SA Pharmacy Council

### 1 Reflect

Which asthma patients would benefit from In Pharmacy counselling and education?

What resources would I need to teach better inhaler techniques? What signs of deterioration present an opportunity to intervene and prevent a costly and severe asthma event?

### 2 Plan

This article discusses the diagnosis of asthma and includes information on assessing asthma severity and monitoring the control of symptoms in patients on treatment. It discusses adherence to therapy and suggests In Pharmacy approaches to improving adherence. Sharing the 'WISE USE' of inhalers to deliver appropriate medication to affected airways requires ongoing re-affirmation in pharmacy at every refilling of a script.

### 3 Action/Implementation

Read the accredited review and the South African Guidelines for chronic asthma management. Answer the CPD questionnaire and submit to deNovo Medica.

### 4 Evaluate

Are you now confident in your knowledge of the assessment and treatment of asthma severity? Can you give advice to patients about their medication and inhaler techniques and assist with the management of their condition over time?

#### Disclaimer

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