

Tips for your CPD entry to SA Pharmacy Council

1 Reflect

How can I prepare my staff to help patients better over the coming winter to avoid the risk of flu and its consequences? Which patients would benefit most from flu vaccination? How should we assess patients' symptoms and refer from the OTC isles those patients who should be seen by the pharmacist/sister?

2 Plan

This article stresses the symptomology which characterises cold and flu. It relates symptoms to medicinal agents and prepares pharmacy staff for the new environment of internet diagnosis.

3 Action/Implementation

Read this report and evaluation of cold and flu therapy from the latest evidence-based and impartial Cochrane reviews. Read these reviews or their summaries to understand how medicines are assessed by this global initiative.

4 Evaluate

Are you and your staff now confident to advise patients on treatment of cold and flu ensuring optimal utilisation of the medicinal agents selected and available in your pharmacy?

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70 Arlington Street, Everglen, Cape Town, 7550
Tel: (021) 976 0485 | info@denovomedica.com